

Are you up for a challenge?

Do you want to try a new sport?

Have you considered Canoeing / Kayaking?

Become a Member of the Bendigo Academy of Sport - Canoe Program

What is the Academy Program?

This program is a partnership with the Bendigo Academy of Sport and the Bendigo Canoe Club and is supported by Paddle Victoria.

The program provides a positive healthy experience that includes regular on-water sessions focussing on white-water, pool sessions, ocean, flatwater, racing (marathon & sprint) and recreational paddling. All equipment is provided and includes 2 paddling, 1 weekly gym session plus camps and athlete education sessions.

- It's outdoors, safe, learn new skills, building self-esteem and lifelong skills.
- National level coaches and instructors, who have assisted many to be part of Vic & Aust teams.
- All equipment supplied, including a racing kayak paddle & lifejacket for the duration of the program
- Focus on water safety in a fun & positive environment with pool sessions, white-water camps and beach trips. Athletes able to borrow gear for their personal use as well.
- You can strive to be your best in an individual sport whilst being involved in a wonderful team environment.
- The program is exceptional value and heavily subsidized to keep the costs down.
- Includes athlete education components plus a 2021 strength and conditioning program at La Trobe University,
- It will be a lot of fun!
- Athletes must be 12 years of age by 1/10/20 and under 18 years as of 31/12/20

When & where is it held?

Oct 2020 — May 2021 at Lake Weeroona—Bendigo

Cost: Approx. \$300 to \$500

[will be finalised once we get close to finalising numbers]

"The Bendigo Academy of Sport Canoe Program has provided a nurturing training environment, educating young athletes in numerous aspects of fitness, technique and life skills. The young paddlers are enthusiastic, respectful competitors at events in at all levels of competition. The program introduces young paddlers to numerous styles of paddling allowing the paddlers to plan their future paddling life. I fully endorse the program and congratulate all involved and look forward seeing more well-rounded young paddlers going on to become long term paddlers."

Mark Heggie. Executive Officer Paddle Victoria

To register your interest and arrange a free paddle and tour our facilities please contact

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